



*Inclusive Education Fellowship  
Research Project*

# AGENDA

- 02 mins Introduction
- 05 mins Background/Context
- 05 mins Project Overview
- 05 mins Outcomes
- 05 mins Lessons Learned and Next Steps

# **INTRODUCTION**



**CLAUDIA ANTHONY**

**Teach For Malaysia Alum/Teach For All staff**

**Previously coached Fellows in Semporna**



**JULIANNA RUSHDI**

**Teach For Malaysia Alum**

**Previously taught at SMK Bugaya,  
Semporna**

**BACKGROUND AND CONTEXT**



Source:  
<https://content.rgcdn.net/rimg/dimg/de/28/0b04bg00-city-54456-16881792363.jpg?crop=true&width=1366&height=768&xhint=1456&yhint=905>



Source:  
<https://apicms.thestar.com.my/uploads/images/2023/12/20/2448791.jpeg>

- Semporna is a small town on the island of Borneo, in the Malaysian state of Sabah.
- Majority of the population in Semporna is Bajau, with many living in villages on stilts on the outskirts of town. A number of Bajau Laut (or sea gypsies) live in the Semporna district.
- The town's economy revolves around fishing and tourism
- Cost of living is high in Semporna and as such, poverty is widespread
- The professionals are mostly made up of teachers, doctors, and government officials while the rest of Semporna is made up of daily wage earners.



Olidas in the native language (Dusun) of Sabah translates to 'Be Well/Wellness'

This project, through its different modules, looked at developing the socio-emotional skills of students. Thus far, this project has supported 20 students aged 13-14 of the Bajau ethnic group.

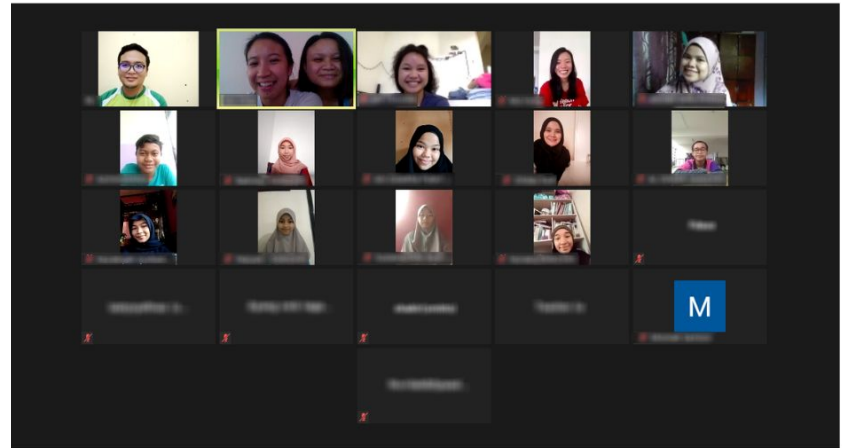
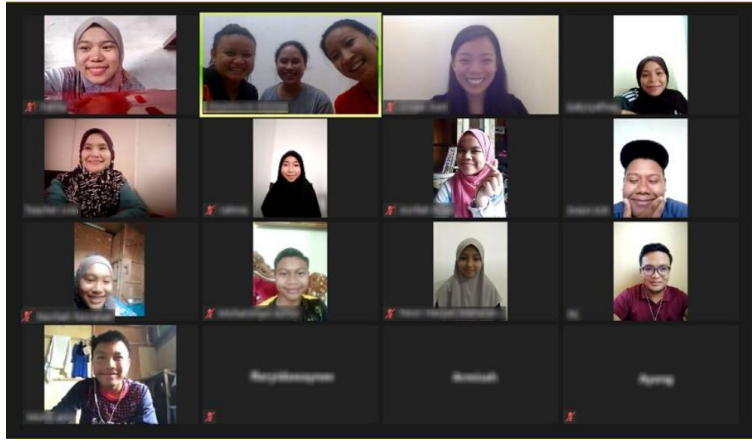
# **PROJECT OVERVIEW**





# STUDENT LEADERSHIP STRATEGY PLAYBOOK

**A GUIDE TO LEADING CHANGE  
FROM HOME**



# The Journey

## **MIND YOUR MIND**

6 - 9 Oct

- What is emotion?
- Why is it important?
- How are you feeling?
- How to manage difficult emotions?

## **IMAGINE**

13 - 16 Oct

- What do you want to happen? (vision)
- What causes the issue?
- How do we achieve our vision? (solution)

## **DO**

20 - 30 Oct

- What do we need to do? (Action plan)
- Who can help us make it happen?

## **SHARE**

3 - 16 Nov

What is our impact?

# Examples of Student Work

## How are you feeling?

We learned during the workshop that knowing our emotions is the first step in managing them well. Use this worksheet to check what you are feeling and why.

This worksheet will help you to identify:  how you feel  what is causing your feelings

### I am feeling:

- Write down your emotion in the grey box.
- Use the Feelings Chart on the next page to help you.
- Circle how strongly you feel the emotion on the scale of 1 to 5.

Example:



...because:

Write down what caused you to feel this way.

Example: I watched my favourite drama after finishing my homework.

Example:

I am feeling quite satisfied because I watched my favourite drama after finishing my homework.

Your turn:

I am feeling happy because I am with the people I love like my parents, they always support me when I am down, there is something for me that I find difficult.

## Put some perspectives into your emotions

### What is within my control?



You can use the Circle of Control on the left to help you find what is within and outside your control.

- Write down what you can control **inside** the circle.
- Write down what you cannot control **outside** the circle.

Let's look at some examples:

My parents fight a lot



Pick a situation and write down what you can control and what you cannot control.

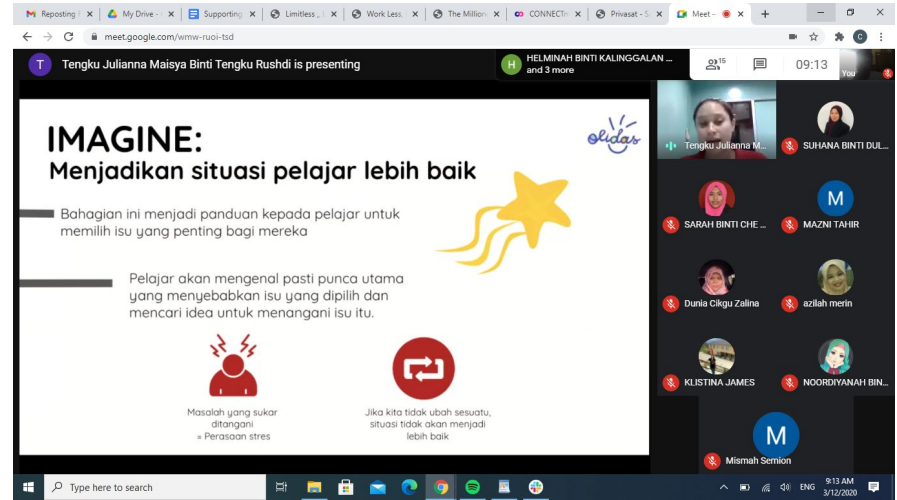
Situation:

My siblings fight a lot



|  |  |
|--|--|
| Vision: Work harder to edit the video for my channel Youtube.  |  |
| Solution: Looking for a nice edit app and a quality.   |  |
| TO DO  | SUPPORTERS   |
| <ul style="list-style-type: none"> <li>Download a nice edit app.</li> <li>Review the application facility edit first.</li> <li>Searching on the website.</li> <li>Make feedback observations from the public for an edit application.</li> </ul> | <p>Sister:</p> <ul style="list-style-type: none"> <li>Can spread a good advice for you to help you solve the problem.</li> <li>Can suggest any edit app for you.</li> </ul> <p>Parents:</p> <ul style="list-style-type: none"> <li>Will most probably support <del>your</del> <sup>our</sup> plan.</li> </ul> <p>Best friend:</p> <ul style="list-style-type: none"> <li>Can help you to find for a nice edit app and a quality.</li> </ul> <p>Can you think of anyone else?</p> |





## Feedback from School Counselors:

**Teacher A: [The SLS Playbook] will be helpful for counselors to identify students that need emotional support**

**Teacher B: The SLS Playbook is easy to understand and use with students to build character and leadership skills**

Feedback has been translated to English and edited for clarity

**OUTCOMES**

# How would I measure my growth?

Activities in Student Leadership Strategy (SLS) Playbook were designed to help you:

1. identify your emotions and the causes behind them
2. take appropriate action on your emotions/these causes
3. share your growth
4. help your friends do the same.

*which will help  
you develop*



## **SCoRE leadership competencies:**

**S**ocial and Emotional Learning

**R**esilience

**E**ntrepreneurship (problem solving)

**C**ommunication

## When to Do SCoRE Survey?

1



Take the SCoRE pre-survey **before** you start doing any activities in the Student Leadership Playbook

2



Complete all the units in the Student Leadership Playbook

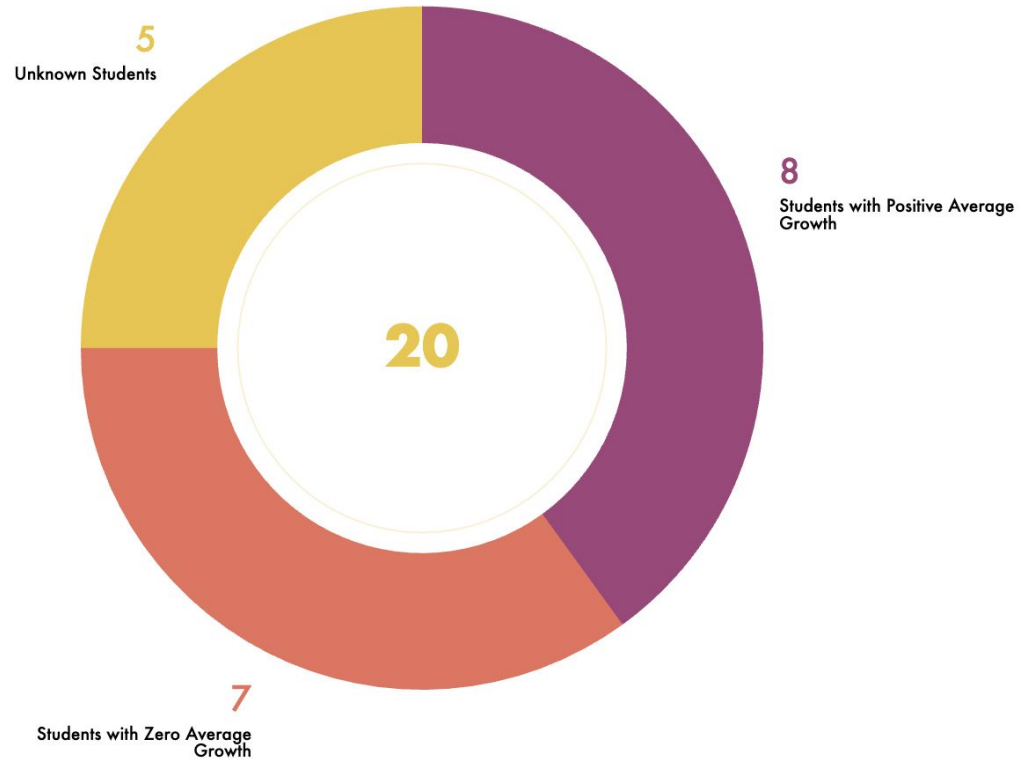
3



Take the SCoRE post-survey **after** you have completed the units in the Student Leadership Playbook



# SCoRE Survey 2020 Results



**LESSONS LEARNED AND NEXT STEPS**



**a) Language**

Best to do it in a language that makes the most sense to the students

**b) Incorporate SEL into lessons**

These lessons were done in isolation and so may be helpful to have it integrated in English lessons (or others)

**c) In-person lessons**

Unless students and teachers have ok connectivity, it would be best to do these lessons in person. Students struggled doing them virtually



1. The counselors from 6 secondary schools in Semporna are keen to run these modules. However, given school closure, the project is on hold. It will resume in September.
2. In September, we will support counselors in selecting students for the project as well as ways to run the project effectively.

**THANK YOU!**